

STAR CORNER AUGUST

BMS Daycare, LLC

An Excellent Start to a Lifetime of Learning.

481 Brewster Street
Black Rock, CT 06605

Director:

Rosie Jones-Clarke

Assistant Director:

Michele Martin

Email: bmsdaycare1@aol.com

michele.bmsdaycare1@gmail.com



Summer

Summer, summer,
Time for fun,
We run all day,
In the hot, hot sun!
Jump in the pool,
Eat lots of ice cream,
To keep cool!

Hey summer is still here! Come see our garden, it's growing quite nicely.

This month our stars will be working on the concepts in and out, sports and going to **Hawaii!**

Do your kids get eaten alive by mosquitoes? Do you live in a tick-endemic area? Or are you planning to travel to a land of mosquitoes and tropical diseases on your summer vacation?

TIP 1: PRE-TREAT CLOTHES WITH PERMETHRIN - Permethrin spray treat your clothing w/ mosquito and tick repellent. It's odorless when dry and lasts through 6 washes. You can buy it on Amazon or REI – make sure you get the one that says it's for "clothing and gear."

To apply, go to an outdoor area then saturate the clothing with the spray and let it dry fully, then it's ready to go. Permethrin-treated clothes repel

mosquitoes and can even kill ticks.

TIP 2: COVER UP

Buy soft cotton with cool patterns, and you can sew them some super simple pants with an elastic waist and cuffs for night time. (Here is a tutorial on how to make easy kid pants – for a hot area, use cotton and not a t-shirt.) Mosquitoes are attracted to dark colors, so use white or light-colored fabrics.

TIP 3: PROTECT ALL DAY

We tend to think of mosquitoes that carry disease as being most active at dusk, but there are some types of mosquitoes that are active during the day—including the ones that carry Zika virus and Dengue fever. Lest you think those are exotic tropical diseases, both have been found in the US this year. If you or your kids are susceptible to bites, think about protecting 24 hours a day.

TIP 4: SUNSCREEN FIRST

Insect repellent is inactivated somewhat by sunscreen if put on in the wrong order. Put sunscreen on first and let it dry or soak in for about 5-10 minutes before applying repellent on top. If you need to reapply sunscreen, you need to reapply repellent. And don't be tempted by sunscreen/repellent combo creams: they don't work as well on either count.

TIP 5: WIPES FOR THE WIN

Putting insect repellent creams or sprays on skin can be a little off-putting. Try individually packaged, single use wipes – they are so much easier to apply on a squirmy kid, less smelly, and you can always have a few in your bag without risk of leaking or spilling. Something like Ben's 30% DEET wipes works well for about 8 hours protecting 2 people (more if your people are little).

TIP 6: PICARIDIN VS. DEET

While DEET reigns as the king of repellents, there are other alternatives. Picaridin is a repellent and DEET alternative that is commonly used in Europe. It is harder to find, because it only began to be sold in the US in 2005, but it offers similar protective effectiveness as DEET but with less odor and a less greasy feeling. Picaridin comes in lotion, spray, and wipes.

TIP 7: PERCENT - PROTECTION TIME

You may have noticed that repellents say things like "20% DEET" or "10% Picaridin." The larger the percent, the longer it lasts. If you are going out for 1-2 hours, then you can use a lower concentration of the active repellent ingredient – like 10%. For protection that lasts 6-8 hours, you will need 30% active ingredient.

In case you are wondering, kids should stick with DEET levels of 30% or less. (Levels over 30% haven't actually been found to be that much more effective anyway, so they are not missing out.) **The CDC has approved up to 30% DEET and Picaridin for infants over 2 months.**

For more info: rookiemoms.com
and CDC.gov

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Closing Schedule 2018

Staff Dev Week	Aug 13-17
Labor Day	Sept. 3
Columbus Day	Oct. 8
Veteran's Day	Nov 12
Thanksgiving Eve	Nov 21
	3pm pick up
Thanksgiving Day	Nov 22-23
Christmas Eve	Dec. 24
	3pm pick up
Christmas - New Yr.	Dec. 25
Staff Dev Week	Jan. 1st

What happened in our classes?

Featured class Toddler 1

Worked on

Beach and Hands

Focus Books

“Freddie and Flossie at the beach”

“At the Beach”

“Hands, Hands, Fingers, Thumbs”

“Hands are not for hitting”

“Tickle me under there”

Featured class Toddler 2

Worked on

Camping, Picnics & Sharks

Focus Books

“Monk’s Camp Out”

“Peppa pig and the Camping Trip”

“Dora’s Picnic”

“I know a Number”

“Colors vs Shapes”

What’s Your Story?

Share your stories, restaurants,
adventures, ideas, pictures to
Michele.bmsdaycare1@gmail.com



Happy Birthday
Annabella
Colleen
David
Ms. Nicole

